

FITNESS

Norwell Air Walker improves the cardiovascular functions and increases the flexibility of the hip and thigh muscles. You get all of the benefits of running, without the risk of strain and impact injuries.

HOW TO USE:

Grab the bar with both hands and step onto the foot pads. Take a brisk walk by moving your legs back and forth, while holding on to the bar to hold your balance. Switch between a fast and a slower pace.

This exercise is good for the cardiovascular functions.

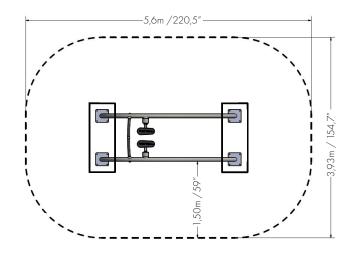
The Norwell App and the ID-bands, including training instructions and QR codes, on each fitness station inspire to exercise and give full instruction of use.







POSITION AND TRAINING ZONE: Trainingzone = $20m^2 / 215,3 \text{ ft}^2$



DESIGN FOR ALL

All Norwell fitness stations utilize the users own body weight as resistance, therefore the exercises can be performed without risk of injuries. As a result, Norwell fitness stations are challenging and effective regardless

The Norwell Outdoor Fitness stations are tested and approved by TÜV Product Service GMbH according to DIN79000, EN16630 and AfPS GS 2014:01 PA

10 YEAR WARRANTY toring defects and corrosion breakthrough on pipes, foundations and welds. Please contact us for more information about warranty coverage, and for sites

2 YEAR WARRANTY 2 years against failure due to material or manufactoring defects and corrosion breakthrough on all moving parts, plastic and rubber



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